

# JULY 2024- FBA ATHLETIC CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 V Soccer Skills 7:00am – 8:00am	2 MS Boys Basketball Skills 7:00am – 8:15am HS Strength/Conditioning 8:30am-9:30am	3 V Soccer Skills 7:00am – 8:00am HS Strength/Conditioning 8:30am-9:30am JV/V Volleyball Skills 9:30am-11:00am	4 	5	6
7	8 V Soccer Skills 7:00am – 8:00am	9 MS Boys Basketball Skills 7:00am – 8:15am HS Strength/Conditioning 8:30am-9:30am	10 V Soccer Skills 7:00am – 8:00am HS Strength/Conditioning 8:30am-9:30am JV/V Volleyball Skills 9:15am-11:00am	11 HS Strength/Conditioning 8:30am-9:30am HS Boys Basketball Open Gym 7:30pm – 9:00pm	12	13
14	15 V Soccer Skills 7:00am – 8:00am	16 MS Boys Basketball Skills 7:00am – 8:15am HS Strength/Conditioning 8:30am-9:30am MS VOLLEYBALL CAMP 10:00am -12:00pm	17 V Soccer Skills 7:00am – 8:00am HS Strength/Conditioning 8:30am-9:30am MS VOLLEYBALL CAMP 10:00am -12:00pm	18 HS Strength/Conditioning 8:30am-9:30am MS VOLLEYBALL CAMP 10:00am-12:00pm HS Boys Basketball Open Gym 7:30pm-9:00pm	19	20
21	22 V SOCCER CAMP 3:00pm- 4:30pm MS/HS CROSS COUNTRY CAMP 7:00pm-8:30pm	23 JV/V VOLLEYBALL CAMP 12:30pm -2:30pm V SOCCER CAMP 3:00pm- 4:30pm MS/HS CROSS COUNTRY CAMP 7:00pm-8:30pm	24 JV/V VOLLEYBALL CAMP 12:30pm-2:30pm V SOCCER CAMP 3:00pm- 4:30pm MS/HS CROSS COUNTRY CAMP 7:00pm-8:30pm	25 JV/V VOLLEYBALL CAMP 12:30pm- 2:30pm SOCCER CAMP 3:00pm - 4:30pm MS/HS CROSS COUNTRY CAMP 7:00pm-8:30pm HS Boys Basketball Open Gym 7:30pm -9:00pm	26 SENIOR BANNER PICTURE DAY 9:00am V SOCCER CAMP 3:00pm- 4:30pm	27
28	29 DEAD WEEK	30 DEAD WEEK	31 DEAD WEEK			-